

# **Noamh Seosamh Lann Abhaic**

Saint Joseph's GAC Glenavy  
Cumann Lutchleas Gael

## **Code of Best Practice for Adult Members**

All adult members are requested to :-

- Set a good example for the underage players in the Club.
- Represent the Club "in a good light" at all times and act with the best interests of the Club both on and off the pitch.
- Be punctual for all training, coaching and matches at all times
- Respect the following :-
  - Match officials.
  - All club property and equipment.
  - All supporters and spectators.
  - Fellow team members both on and off the field.
  - Opponents.
  - Team managers/coaches/backroom teams.
  - Club officials and members.
- Pay all Club fees not later than 28<sup>th</sup> February to the Club Treasurer.
- Not use foul or provocative language or gestures.
- Play honestly and fairly at all times.
- Always serve the Club to the best of their ability.
- Support the Club's weekly draw and other Club social events.

Any adult member who does not adhere to this code of practice may be asked to appear before the Club Disciplinary Committee.

**Ask not what  
your Club can do  
for you but what  
you can do for  
your Club**